GIBSON DUNN

Trey Cox Talks Leadership, Resilience, and the Power of Teamwork on Status Check Podcast

In the Media | September 11, 2025

Status Check

"Great players make the coach look really good. And so, I am very focused on great players, because that's where it all starts," said partner Trey Cox when he joined host Mike Spivey on a recent episode of the *Status Check* podcast to discuss his leadership philosophy and commitment to mentoring the next generation of legal professionals. "There's no way I could accomplish, or we could accomplish, the things that we can accomplish without all of the talented people that we have here."

On the podcast, Trey spoke about his journey into law — from choosing a law school to becoming a litigation heavyweight and Co-Partner in Charge of our Dallas office — what he looks for in legal talent, and why resilience is such a vital attribute. "I like a little mutt in the dog … I'm happy to have the perfect pedigree, but I also like to see someone who survived, someone who fought, someone who had overcome very hard things. That's somebody that I'm going to take a very significant, very special interest in and help develop."

He also spoke about the importance of growth through experience. "They call it the practice of law for a reason. You continue to practice, you continue to grow, you continue to develop," he said. "I want to get you here, and I want you to fail as fast as you possibly can, because those are the experiences and that's how you grow."

Trey is Co-Chair of our firm's global Litigation Practice Group.

Listen to the full episode of the podcast: https://www.spiveyconsulting.com/blog-post/interview-with-trey-cox/

Related People

Trey Cox